

Molly B's

GLUTEN FREE KITCHEN™

From Our Family To Yours

Gluten free, wheat free, brownie, blondie & spice bites lovingly baked using only the highest quality ingredients without artificial flavourings, colourings, additives or preservatives.

It's What Gluten Free Should Be!™

Enjoy!



GLUTEN FREE



WHEAT FREE



VEGETARIAN



DAIRY FREE



CORN FREE



Nutrition Facts		Amount / Teneur	% DV / % VQ*	Amount / Teneur	% DV / % VQ*
Valeur nutritive		Fat / Lipides 6 g	9 %	Carbohydrate / Glucides 12 g	4 %
Per 25 g		Saturated / saturés 2.5 g	13 %	Fibre / Fibres 1 g	3 %
pour 25 g		+ Trans / trans 0.1 g		Sugars / Sucres 11 g	
Calories 100		Cholesterol / Cholestérol 20 mg		Protein / Protéines 1 g	
		Sodium / Sodium 5 mg	0 %		
		Vitamin A / Vitamine A	0 %	Vitamin C / Vitamine	0 %
		Calcium / Calcium	0 %	Iron / Fer	4 %

Brownie Bites

Item#MB838
12pk x 12/case



1 08 39234 00838 7

Brownie Bite Ingredients:

Organic evaporated cane juice, organic transfat free nonhydrogenated palm shortening, Molly B's Gluten-Free Kitchen Cake Flour Blend (white rice flour, sorghum flour, tapioca starch, xanthan gum), eggs, unsweetened dutch process cocoa, pure vanilla, sea salt, gluten-free baking powder (tapioca starch, natural cream of tartar), non-aluminum baking soda.



Nutrition Facts		Amount / Teneur	% DV / % VQ*	Amount / Teneur	% DV / % VQ*
Valeur nutritive		Fat / Lipides 7 g	11 %	Carbohydrate / Glucides 12 g	4 %
Per 25 g		Saturated / saturés 3.5 g	17 %	Fibre / Fibres 0 g	0 %
pour 25 g		+ Trans / trans 0 g		Sugars / Sucres 11 g	
Calories 110		Cholesterol / Cholestérol 10 mg		Protein / Protéines 1 g	
		Sodium / Sodium 5 mg	0 %		
		Vitamin A / Vitamine A	0 %	Vitamin C / Vitamine	0 %
		Calcium / Calcium	0 %	Iron / Fer	2 %

Blondie Bites

Item#MB839
12pk x 12/case



1 08 39234 00839 4

Blondie Bite Ingredients:

Brown sugar, semisweet chocolate (sugar, cocoa mass, cocoa butter, anhydrous dextrose, soya lecithin (émulsifiant), vanilla extract), Molly B's Cake & Muffin Flour (white rice flour, sorghum flour, tapioca starch, xanthan gum), organic transfat free nonhydrogenated palm shortening, eggs, pure vanilla, gluten-free baking powder (tapioca starch, natural cream of tartar), sea salt.



Nutrition Facts		Amount / Teneur	% DV / % VQ*	Amount / Teneur	% DV / % VQ*
Valeur nutritive		Fat / Lipides 2 g	3 %	Carbohydrate / Glucides 7 g	2 %
Per 25 g		Saturated / saturés 0.2 g	1 %	Fibre / Fibres 0 g	0 %
pour 25 g		+ Trans / trans 0 g		Sugars / Sucres 6 g	
Calories 45		Cholesterol / Cholestérol 10 mg		Protein / Protéines 0 g	
		Sodium / Sodium 70 mg	0 %		
		Vitamin A / Vitamine A	15 %	Vitamin C / Vitamine	0 %
		Calcium / Calcium	0 %	Iron / Fer	2 %

Spice Bites

Item#MB840
12pk x 12/case



1 08 39234 00840 0

Spice Bite Ingredients:

Pumpkin puree, organic evaporated cane juice, Molly B's Gluten-Free Kitchen Cake Flour (white rice flour, sorghum flour, tapioca starch, xanthan gum), eggs, olive oil, water, sea salt, non-aluminum baking soda, cinnamon, nutmeg, cloves



Nutrition Facts		Amount / Teneur	% DV / % VQ*	Amount / Teneur	% DV / % VQ*
Valeur nutritive		Fat / Lipides 6 g	9 %	Carbohydrate / Glucides 12 g	4 %
Per 25 g		Saturated / saturés 2.5 g	13 %	Fibre / Fibres 1 g	3 %
pour 25 g		+ Trans / trans 0.1 g		Sugars / Sucres 11 g	
Calories 100		Cholesterol / Cholestérol 20 mg		Protein / Protéines 1 g	
		Sodium / Sodium 5 mg	0 %		
		Vitamin A / Vitamine A	0 %	Vitamin C / Vitamine	0 %
		Calcium / Calcium	0 %	Iron / Fer	4 %

Single Serve Brownie Bites

Item#MB841
3pkg x 36/case



1 08 39234 00841 7

Single Serve Brownie Bite Ingredients:

Organic evaporated cane juice, organic transfat free nonhydrogenated palm shortening, Molly B's Gluten-Free Kitchen Cake Flour Blend (white rice flour, sorghum flour, tapioca starch, xanthan gum), eggs, unsweetened dutch process cocoa, pure vanilla, sea salt, gluten-free baking powder (tapioca starch, natural cream of tartar), non-aluminum baking soda.



Nutrition Facts		Amount / Teneur	% DV / % VQ*	Amount / Teneur	% DV / % VQ*
Valeur nutritive		Fat / Lipides 7 g	11 %	Carbohydrate / Glucides 12 g	4 %
Per 25 g		Saturated / saturés 3.5 g	17 %	Fibre / Fibres 1 g	0 %
pour 25 g		+ Trans / trans 0 g		Sugars / Sucres 11 g	
Calories 110		Cholesterol / Cholestérol 10 mg		Protein / Protéines 1 g	
		Sodium / Sodium 5 mg	0 %		
		Vitamin A / Vitamine A	0 %	Vitamin C / Vitamine	0 %
		Calcium / Calcium	0 %	Iron / Fer	2 %

Single Serve Blondie Bites

Item#MB842
3pkg x 36/case



1 08 39234 00842 4

Single Serve Blondie Bite Ingredients:

Brown sugar, semisweet chocolate (sugar, cocoa mass, cocoa butter, anhydrous dextrose, soya lecithin (émulsifiant), vanilla extract), Molly B's Cake & Muffin Flour (white rice flour, sorghum flour, tapioca starch, xanthan gum), organic transfat free nonhydrogenated palm shortening, eggs, pure vanilla, gluten-free baking powder (tapioca starch, natural cream of tartar), sea salt.



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